

The Drowning Prevention Charity



Royal Life Saving Society UK KENT BRANCH Annual Report 2020

**For the years ending 31st December
2019 & 2020.**

**Presented virtually at the Kent Branch AGM
via Microsoft Teams due to current and
possible Covid-19 restrictions on**

Saturday 27th March 2021 at 10:00 am



[www.Facebook.com/RLSSKentBranch](https://www.facebook.com/RLSSKentBranch)



[@RLSS_Kent](https://twitter.com/RLSS_Kent)

PRELIMINARY NOTICE

Annual General Meeting for the years ending 31st December 2019 & 2020

Notice is hereby given that the Annual General Meeting of the RLSS UK Kent Branch will be held virtually via Microsoft Teams due to current and possible Covid-19 restrictions on

Saturday 27th March 2021 at 10:00 am

**Access is via [Clicking this link to join the meeting](#) if receiving this letter electronically or
via**

https://teams.microsoft.com/l/meetup-join/19%3ameeting_OGlyZml2YjgtMGM3Yi00NDQzLWFmMjEtZjYyNTI5NTI5YTFm%40thread.v2/0?context=%7b%22Tid%22%3a%2283b39d89-6e6b-42b2-84c9-4926c4f418a7%22%2c%22Oid%22%3a%2243709f04-57ef-49c4-9a47-9c805512eeab%22%7d

In connection therewith all members are requested to note that All Notices of Motion and Nominations for Officers, Office Bearers and Management Committee members of the Branch must reach the Hon Secretary by midnight on 15th March 2021.

The following were the 2019 Officers and Management Committee Members of the Branch

a)	President.	Mr Andrew Griggs
b)	Deputy President.	Mr George Payne
c)	Chairman.	Mrs Debbie Hunt
d)	Vice Chairman.	Mr Paul Paulding
e)	Hon. Secretary .	Mr Andrew Griggs
f)	Hon. Treasurer.	Mr Cavell Burchell
g)	Child Protection Officer.	Mr Paul Paulding
h)	Youth Development Officer	Mrs Joanne Willson
i)	Competitions Officer.	Mr Paul Paulding
j)	Sales Officer.	Mr Stephen Goldsmith
k)	Public Relations Officer.	Mr Neil Morgan
l)	Events Officer.	Mrs Fran Payne
m)	Club Development Officer	Mr Neil Morgan
n)	Community Outreach Co-ordinator	Mrs Tina Smith

The following are the current 2020 Officers and Management Committee Members of the Branch

a)	President.	Mr Andrew Griggs
b)	Deputy President.	Mr Cavell Burchell
c)	Chairman.	Mr Paul Paulding
d)	Vice Chairman.	
e)	Hon. Secretary .	Mr Andrew Griggs
f)	Hon. Treasurer.	Mr Cavell Burchell
g)	Safeguarding Officer.	Mrs Fran Paulding
h)	Youth Development Officer	Miss Joanne Willson
i)	Club Development Officer	Mr Neil Morgan
j)	Competitions Secretary	Mr Paul Paulding
k)	Sales Officer.	Mr Stephen Goldsmith
l)	Public Relations Officer.	Mr Neil Morgan
m)	Events Officer.	Mrs Fran Payne

Approval in 2020 by the RLSS UK Board of Trustees was given to enable Branches to exceptionally extend terms of office for 1 year

This year the following Offices and Management Positions will become vacant and the current holders of these offices are eligible for nomination for a further one or two-year term.

a)	Chairman	Two Year Period *
b)	Vice Chairman	One Year Period *
c)	Hon Secretary	Two Year Period
d)	Public Relations Officer	Two Year Period
e)	Club Development Officer	Two Year Period
f)	Officer	Two Year Period
g)	Officer	One Year Period

* both positions to be elected this year due to in term resignation of the previous Chair Debbie Hunt consequent to her election as Deputy President of RLSS UK

Please also note these positions : -

Community Outreach Officer to be appointed by Branch Management Committee in 2021 – we request that interested individuals make themselves known to Hon. Secretary.

President	nominee from 2019 carried forward
Deputy President	nominee from 2018 carried forward
Safeguarding Officer	nominated by Branch but appointed by National Safeguarding Committee

Nominations for all the above mentioned Offices and Management positions are invited from Members, all of whom must be in **current membership of the Branch, or duly appointed by the Management Committee.**

Nominations must be submitted on the Official Nomination form attached to this notice and bear the Signatures of the Nominee, Proposer, and Secunder. Electronic signatures are valid and may be validated.

Nominees may submit a 150 word profile of themselves to be included with ballot papers in the event of an election having to be undertaken.

Voting where required shall take place at the AGM in accordance with clause 6.3 of the Branch Constitution which states:

“Any resolution put to the vote of a general meeting of the Branch shall be decided upon a show of hands based on the ‘one Member, one Vote’ principle adopted at the 2015 AGM. Therefore, any member present in person shall have one vote only irrespective of the number of offices any member may hold. In the event of an equality of votes upon any resolution, the Chair of the meeting shall have a second or casting vote. ”

An individual attending the AGM either face to face or virtually as the nominated representative of a Member eligible to vote must, prior to the commencement of the AGM, provide written confirmation of such nomination to the Chair of the meeting (as permitted under clause 12.1 of the Articles of RLSS UK).

If written confirmation is not presented and is not signed by an eligible Member then the returning officer will decide if the authorisation form is accepted or not. If two or more individuals submit authorisation forms for the same Member, no vote will be recorded on behalf of that Member.

The Annual Report and other relevant documents for the Branch AGM will be issued only to Members of the Branch Management Committee, all Past Presidents, Local Managers of the Branch and Affiliated Member Groups.

However, any member of the Branch wishing to receive these papers other than those already mentioned may receive them provided they request a copy from the undersigned, **no later than 15th March 2021.**

All such requests should be accompanied with a Stamped Self-addressed Envelope **35cm by 25 cm** (A4 document) in size stamped to the value of £1.83.



Signed :
Honorary Secretary

NOTICE CONVENING ANNUAL GENERAL MEETING 2020

Notice is hereby given that the 61st (no meeting in 2020 due to Covid restrictions) Annual General Meeting of the Kent Branch of the Royal Life Saving Society United Kingdom, for the years ending **31st December 2019 & 2020**, will be held virtually via Microsoft Teams due to current and possible Covid-19 restrictions on

Saturday 27th March 2021 at 10:00 am
to transact business as per the Agenda hereunder.

Mr Paul Paulding
Chairman

AGENDA

- Welcome – President Andrew Griggs
Statement on the Meeting - RLSS UK Trustee Cavell Burchell
1. Read the Notice convening the Meeting – Chair - Paul Paulding
 2. Apologies for absence – Hon Secretary - Andrew Griggs
 3. Confirmation of the minutes of the 60th AGM held on Saturday 24th March 2019
 4. Matters arising from minutes
 5. Receive and adopt the Annual Report
 6. Receive and not the Annual Financial Report and Statement of Accounts
 7. Notices of Motion - none
 8. Induction of President for 2021 - Mr Cavell Burchell
 9. Installation of the Deputy President for 2021 - Mr George Payne
 10. Election of Officers for 2021
 11. Branch Honours
 12. Any other Business
 13. Meeting Closed by President

KENT BRANCH ANNUAL GENERAL MEETING 2019

Minutes of the sixtieth Annual General Meeting of the Kent Branch of the Royal Life Saving Society held at the Gads Hill School Gravesend Road Rochester Kent ME3 7PA on Saturday 23rd March 2019 commencing at 10:30 hours

President Neil Morgan welcomed everyone to the AGM and introduced Cllr David Hurley the Mayor of Gravesham.

Cllr David Hurley then gave a welcoming speech highlighting his pleasure in noting the valuable community work and education Kent lifesavers carry out. The Mayor and Kent Branch President Neil Morgan then made the presentation of Branch awards for 2018.

19/01 Those Present

Branch Chairman	Mrs Lorraine Mackie
Branch Vice Chairman	Mr Paul Paulding
Branch President	Mr Neil Morgan
Branch Deputy President	Mr Andrew Griggs

30 No. Other committee members, guests, delegates from affiliated organisations, and other individual branch members were recorded as attending.

President Mr Neil Morgan invited Mr Paul Paulding to announce the Branch awards.

19/02 Presentation of Branch Awards

The following awards were presented by The Mayor

Standring Memorial Award	Mrs Donna Thomas
The Bullett Memorial Award	Mr Neil Morgan
The Pat O'Connell Memorial Award	Mrs Janet Dell

The following awards were presented by President Mr Neil Morgan

Senior Lifesaver of the Year	Miss Ana Smith
Junior Lifesaver of the Year	Charlie Pollard and Nikita Goldsmith
Unsung Hero Award	Not awarded
Eric Stokes Award	Miss Cheyanne Goldsmith
Colin Brice Memorial	Miss Charlotte Ellet - St Johns Ambulance

President Neil Morgan closed the presentations and congratulated all recipients of the awards.

19/03 Notice convening the Meeting

In the absence of a Branch Secretary Miss Lorraine Mackie read the Notice convening the Meeting.

19/04 Minutes of AGM for 2018

President Mr Neil Morgan read through 2018 Minutes.

There were no matters arising.

President Mr Neil Morgan asked for adoption of the Minutes. Mr Paul Paulding proposed, and Mrs Alison Mackie seconded. The Minutes were duly adopted.

19/05 Apologies for absence were received from:-

Mrs Janet Spink

Mrs Deborah Hunt - attending RLSS UK Trustee Board Meeting

Mr Cavell Burchell - attending RLSS UK Trustee Board Meeting

Mrs Diane Eaton

Mr Mike Kesaris

19/06a Annual Reports

President Mr Neil Morgan asked for a proposer to open annual reports. Proposed by Mrs Fran Paulding; seconded by Mrs Jan Bristow.

President headlined the individual reports opening them up for discussion & questions.

Presidents report; Chairman's report; Treasurer's report; Safeguarding report; Club Development Officer report; Awards report; Competitions Secretary report; Events Officer report; Youth Development Officer's report; Community Outreach report; Sales report; Awards Officer report; Honours Officer report; Public Relations Officer report.

Mrs Tina Smith proposed that the reports be adopted which was seconded by Mr Stephen Goldsmith and carried unanimously by the meeting.

19/06b Treasurer's Report

President Mr Neil Morgan advised that the Treasurer Mr Cavell Burchell was unable to attend the AGM as he was attending a Trustee meeting at RLSS headquarters. If anyone had any questions regarding his financial report, they would pass these on to the Treasurer for a response.

There were no questions arising.

Mrs Lorraine Mackie proposed the adoption of the report and Mr Paul Paulding seconded. The Treasurer's Report was adopted unanimously.

19/07 Notices of Motion

There were no Notices of Motion.

19/08 Induction of the President for 2019

Mr Neil Morgan as outgoing President gave a short address, thanking everyone for the support throughout his year which had been enjoyable one. It had been a privilege to serve Kent Branch and he wished Andrew Griggs good luck in the year to come. He also welcomed George Payne as Deputy Present for 2020.

President Mr Neil Morgan then invested Mr Andrew Griggs as the new President of the Branch, and presented the Presidents Escort chain to Mrs Carol Griggs on behalf of Mrs Lezette Morgan.

The new President Mr Andrew Griggs presented his inaugural address.

President Mr Andrew Griggs then presented the Past Presidents jewel and shield to Mr Neil Morgan.

President Mr Andrew Griggs announced that Mr George Payne as the new Deputy President for 2020.

19/09 Election of Officers for 2019

The President asked all officers whose posts were up for re-election to stand down and thanked them for their hard work over the last year. He particularly highlighted the work Mrs Lorraine Mackie had contributed to the Honours Committee.

The President then advised that there was only one candidate for each of the posts and all were duly elected:

Chairman	Mrs Debbie Hunt
Treasurer	Mr Cavell Burchell
Competition Secretary	Mr Paul Paulding
Youth Development Officer	Mrs Joanne Wilson
Sales Officer	Mr Stephen Goldsmith
Events Officer	Mrs Fran Payne

The Present advised that the posts for Honours Chair; Secretary, and Community Outreach Coordinator posts were vacant and if anyone wished to apply they should notify Mrs Debbie Hunt.

Flowers were then presented by youth award recipients to Mrs Fran Payne; Mr Neil Morgan for Mrs Lazette Morgan and President Andrew Griggs presented The Mayor with a RLSS tie.

The President thanked everyone for attending, and with no further business to discuss he declared the AGM closed at 11.14am.

The **Drowning Prevention** Charity



Royal Life Saving Society UK KENT BRANCH

Officers Reports

President

Chairman

Treasurer

Safeguarding Officer

Club Development Officer

Competitions Secretary

Events Officer

Youth Officer

Outreach Co-Ordinator (Acting)

Sales Officer

Awards Officer

Honours Officer

Public Relations Officer

PRESIDENT'S REPORT

It has been an honour to be your President for these two years.

So much has happened and to start at the beginning seems so long ago. A big thank you to all those clubs I managed to visit. They welcomed me and demonstrated how their youth were training to fulfil their potential. They are the future of the clubs and of Lifesaving and with help they understand that there is nothing you can't do – just they may not be able to do it – yet.

It never ceases to amaze me – the willingness of all those in lifesaving – to give their time, enthusiasm and wisdom to help teach, encourage and engage with others to promote lifesaving in all its various forms.

I have been fortunate to have witnessed fantastic competitions - both in, and beside the water and enjoyed being swept away with the generosity of the instructors, the fairness of the judges, and the excitable and friendly nature of competitors. Friends and supporters have cheered all along in the spirit of competition – and it has been a joy to see and be a part of. Thank you to all those in whatever form, made these events possible.

We have some wonderful Community Instructors as part of the Outreach programme, delivering the Save a Life series, within Schools, Community groups, Surestart centres, Fire Stations and many others. They provide Life Saving skills and reassurance to parents and siblings and for some are the first point of contact with the Society. Sadly, amongst others, we lost Past Presidents Ernie Butler and Jan Bristow, and I personally, will miss Jan's enthusiasm and smile.

Around the world, 2020 hadn't quite been the start that we had hoped for, from fires to flooding to a pandemic that has given us new words that will stay in our history forever: Coronavirus, Covid-19 and of course - furlough.

Following the latest Government announcement about the gradual easing of lockdown restrictions, and early signs of spring, we are feeling hopeful about the months ahead and returning to some face-to-face Lifesaving. Social media has allowed many changes, Club, Branch meetings and even this AGM permitted us all to meet virtually and engage with members. Training has been undertaken to prepare us for when we are all rehydrated in the pools and beaches again. The pandemic has changed all aspects of our lives and we know this has had a significant impact on our physical and mental health.

The coronavirus crisis has presented us with challenges and changes to all aspects of our lives and the way that we all operate in the future - and we have all wondered what the new 'normal' is going to look like. We are already experiencing many changes in people's behaviour in the way we exercise (or not) and we are also seeing many great examples of community spirit, and people recognising in others, a fellow friend.

When all this is over and people's habits have changed those who were visible during the crisis will have a much bigger chance of regaining, or even improving, their reputation and standing in their communities. There is now a strong need to reimagine and reinvent, to focus on new thinking and innovation within our Communities, and Clubs. To transform ourselves into visible partners and be embedded into the fabric of our local communities to attract those who have been inactive - in a vibrant and viable way. We need to continue to encourage and inspire everyone for the benefit of all. We will need to consider the differences in sport and physical activity – and the effects of those on our Clubs membership; to engage with others and consider what community sport looks like in the future.

Until a few years ago, I'd considered myself a club-man, content with serving Gravesham and the surrounding areas and to be honest – rarely actively supporting Branch events, and with hindsight, I wish that I had been more pro-active earlier. Kent Branch is held in high esteem by all, and I would encourage everyone to get involved. Kent Branch is Your Branch, and there is a wealth of knowledge, empathy, time and resources for members to pull from – and have the joy of giving back.

Thank you for everyone for doing your bit during these times and I look forward to meeting you all soon.

It's not yet time for me to hang up my shorts and retire, though I might have a slice of cake and a cup of tea, with sugar – I'm sure Ted would approve.

Stay Safe

Andy Griggs

Kent Branch President 2019 & 2020

CHAIRMAN'S REPORT

When we celebrated the New Year at the beginning of 2020 waving goodbye to a wonderful 2019, life was normal as we knew it.

KENT BRANCH was preparing and looking forward to its 60th Anniversary Celebration events!

And Then....

COVID19 hit us and the 23rd March 2020 became a day we will never forget... the UK government introduced a full Lockdown and all of a sudden our life styles changed.

We had to cancel the Kent Branch AGM on the 28th March 2020. However, during the Lockdown the Society and the Kent Branch management team have carried on their work within obvious constraints, Kent had sent out two Branch newsletters via HO during this difficult period and presented a Kent Branch open meeting on 21st November 2020 to stay in touch with our Kent members and update them on with events and activities around the county. During the open meeting, our Kent Branch President Andy Griggs remotely presented awards to the recipients of the RLSS Kent Branch 2019 Honours followed by the RLSS National Honour recipients.

We are immensely proud our very own Debbie Hunt was elected the first ever female RLSS UK Deputy President during the autumn of 2020. Due to her newly elected position, Debbie unfortunately had to step down from Chairman of the Kent Branch and the Branch Management Committee asked me as Vice Chair to step into the role until the AGM. Debbie has been a great Chair of the Kent Branch, fuelled by her passion and dedication to the Society. The Branch will miss her knowledge and wisdom although she insists, she is always willing to support the branch in any way. I am sure you all join me in wishing Debbie the very best and without doubt she will be a fantastic Deputy and then President of the RLSS UK.

In September 2020, RLSS UK's President, Mark Smith and CEO Robert Gofton launched the RLSS UK's Strategic Framework 2020-2025 by hosting a webinar. The future direction of the society is very much about encouraging the public to enjoy water safely. Our new strapline 'Enjoy Water SAFELY' has replaced 'The Drowning Prevention Charity' and whilst the society will strive towards a nation without drowning, this change signifies a shift in focus towards a wider remit to help everyone enjoy water safely.

I am seeing from the online official and unofficial meetings I have been involved with during 2020 and early 2021, a wider aspect of the Branch's members are showing interest in becoming more involved with the Branch to meet the Society's aims and goals.

The Lockdown periods have introduced many members to the much wider spectrum of technology to effectively communicate with each other. I have seen clubs sharing information regarding their club activities and the benefit of Zoom / Microsoft teams/Skype and many other platforms to have discussions with fellow lifesavers. We look forward to the first ever virtual online RLSS Kent Branch AGM on 27th March 2021.

Hopefully, with the vaccine roll out during 2021 and a better understanding of this awful global virus, doors will start to open for us, as we are usually a highly active Branch of the Society and enable us to go out and deliver the new message. Maybe, we can get back to a lifestyle that is more familiar to us.

Stay safe and well
Paul Paulding
Kent Branch Chairman 2020

TREASURER'S REPORT

When I drafted the 2019 report none of us had any idea of the impact that the then recent reports of a virus spreading would have on the world. The decision by RLSS UK to suspend for 2020 the requirement for Branches to hold AGMs in 2020 meant that the 2019 accounts were received by but not formally published in the Branch. They were though consolidated in the 2019 Society Annual Accounts, approved by the Auditors and noted at the 2020 RLSS UK AGM in October 2020.

The 2020 accounts will go to the Society's Auditors during Q2 2021 and will be presented to the national AGM later in the year within the consolidated accounts of RLSS UK. All RLSS UK members will receive due notice of this and will be able to receive the national accounts at that time.

Below you will see the Branch financial reports for each of 2019 and 2020.

Year ended 31st December 2019 – (statement as prepared for the 2020 AGM)

The Kent Branch continues to be one of the 3 highest income generation Branches of RLSS UK producing income of nearly £17000 and the Officers of the Branch recognised the efforts of all members and clubs in promoting the work of the Society within the county.

I reported for 2018 that after 4 years of seeing an increase in reserves your Management Committee made a conscious decision to increase expenditure in 2018 on Branch activities and on the promotion of the Society drowning prevention campaigns resulting in an overall deficit for 2018 of approximately £1500 with reserves falling to just over £28000. I also indicated that we would maintain a similar level of expenditure in 2019.

The membership income figure for 2019 is less than that for 2018 due to a variation in how the income received in 2018 was recorded. The rolling 12 month membership data does not show a reduction in the number of members within Kent. Excluding organisations registered as ATCs, as of 28th February 2020 Kent Branch had 16 active Clubs and 332 current members of RLSS UK.

The Profit and Loss Account and Balance Sheet for the Branch have been received from HQ and show the 2019 provisional outturn as at 28th February 2020. The national accounts go to the Society's Auditors during Q2 and will be presented to the national AGM later in the year within the consolidated accounts of RLSS UK. All RLSS UK members will receive due notice of this and will be able to receive the national accounts at that time.

The welcome increase in income has coincided with an unexpected reduction in actual direct expenditure due to the annual National Conference in 2019 being cancelled and a reduction in competition related expenditure. This has generated an operating profit of £900. This, alongside an increase in donations associated with our Community Outreach activities sees our reserves returning to just over £30K.

One note of caution thought is that due to a change from 1st Jan 2020, the value of the proportions of the proportions being received by Branches is to be reduced slightly, resulting in a fall in expected income.

Thank you to all members who continue to support the work of the Branch and particular thanks go to Stephen Goldsmith who over the past few years has done a sterling job as our Awards and Sales Officer.

I hope we have an equally enjoyable and successful year in 2020.

Year ended 31st December 2020

It will come as no surprise to learn that activity within the Branch (and therefore income) fell off the cliff edge in March 2020. However, clubs and our Community Outreach Team had been active to that point and some activity returned later in Q3 and in Q4. This meant that direct income was reduced to just over £7000 for the year with a similar level of related expenditure.


Overall the Branch Accumulated Total Funds fell slightly from £30,387 to £30,149 as a consequence of expenditure in Q1 from our designated SABL funds that we were unable to fully replace with donations due to the cessation of courses from March 2020.

The overall financial picture for the Branch though is that we remain financially viable, having build up sufficient reserves in recent years to sustain us through to 2022 by which time we may hope that lifesaving activity within the Branch has been able to return to something approaching previous levels.


My thanks go to all members, volunteers and supporters that continue to support the Branch and in particular to the SABL Team whose outstanding efforts results in the receipt of many donations to the Branch each year and also to Stephen Goldsmith who continues to do sterling job as our Awards and Sales Officer.

Cavell Burchell
Hon. Treasurer.

2019 Profit & Loss

		The Drowning Prevention Charity					
THE ROYAL LIFESAVING SOCIETY - UK		Year				2019	
Branch: Kent		Period				12	
Income and Expenditure Account for year ending 31st December 2019							
	Year to Date	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Year to Date	
	2018	2019	2019	2019	2019	2019	2019
	(£)	(£)	(£)	(£)	(£)	(£)	(£)
INCOME							
RLSS UK Branch Proportions - Membership	3,280.53	394.17	833.32	549.94	898.00		2,675.43
RLSS UK Branch Proportions - NRSTAC	600.00	8.40	30.00	6.00	582.00		626.40
RLSS UK Branch Proportns - S & S 1st	56.00	-	48.00	48.00	2.00		98.00
RLSS UK Branch Proportns - S & S Further	79.80	11.20	16.80	21.00	26.60		75.60
Competitions	157.42	485.00	-	-	101.00		586.00
Courses	-	-	-	-	843.19		843.19
Examination/Awards Income	5,377.05	1,234.00	1,916.35	1,407.00	-		4,557.35
Goods/Equipment Income	124.74	70.30	656.05	71.40	516.55		1,171.50
Branch Membership Income	-	-	-	-	-		-
Local Authority & Other Grants	-	-	-	-	-		-
Donations/Gift Aid	357.66	877.73	182.21	12.00	2,343.19		3,415.13
Branch Events/Raffles etc	3,930.72	1,272.06	867.40	-	-		2,139.46
Postage Receipts	-	-	-	-	-		-
Bank Interest Received	430.48	-	413.63	0.33	0.37		414.33
Sundry Income	-	86.10	-	-	-		86.10
TOTAL INCOMING RESOURCES	14,144.92	4,438.96	4,963.76	1,972.87	5,312.90		16,688.49
DIRECT EXPENDITURE							
	YTD 2018	Quarter 1	Quarter 2	Quarter 3	Quarter 4		YTD 2019
	(£)	(£)	(£)	(£)	(£)		(£)
Competitions	1,312.04	305.83	-	-	-		305.83
Courses	74.68	-	67.60	324.09	271.62		663.31
Examination/Award Fees	5,147.55	1,975.40	2,038.10	2,383.60	301.60		6,698.60
Goods/Equipment costs	5,635.27	94.71	1,130.49	70.36	1,352.70		2,648.26
Branch Event Costs	1,862.81	1,610.26	200.00	-	1,381.67		3,191.93
Branch Membership Fees	138.00	-	27.50	80.00	-		107.50
Branch AGM Expenses	270.29	131.78	120.00	-	-		251.78
RLSS UK Conference & AGM Expenses	950.00	-	-	-	-		-
Training Fees	-	-	-	-	-		-
Trophy Costs	-	-	-	-	48.00		48.00
Grant costs	100.00	-	-	-	-		-
Sundry Costs	-	-	-	-	-		-
TOTAL DIRECT EXPENDITURE	15,490.64	4,117.98	3,583.69	2,858.05	3,355.49		13,915.21
GROSS INCOMING/(OUTGOING) RESOURCES	(1,345.72)	320.98	1,380.07	(885.18)	1,957.41		2,773.28
OVERHEAD COSTS							
	YTD 2018	Quarter 1	Quarter 2	Quarter 3	Quarter 4		YTD 2019
	(£)	(£)	(£)	(£)	(£)		(£)
Postage Costs	21.45	9.36	6.00	-	-		14.36
Stationery Costs	-	-	-	-	-		-
Telephone Costs	-	-	-	-	-		-
Insurance	447.65	480.21	-	-	-		480.21
Bank Charges	-	-	-	-	-		-
Marketing Costs	-	-	-	-	-		-
Printing Costs	-	-	2.97	-	-		2.97
Maintenance Costs	-	-	-	-	-		-
Room Hire Costs	46.75	46.75	-	46.75	328.10		421.60
Travel & Expenses	371.22	25.80	50.34	-	76.29		152.43
Depreciation Costs	-	-	-	-	-		-
Irrecoverable VAT	308.53	394.48	45.47	15.66	290.39		746.00
Bad Debt Write Offs	-	-	-	-	-		-
TOTAL OVERHEAD COSTS	1,195.60	956.60	103.78	62.41	694.78		1,817.57
NET INCOMING / (OUTGOING) RESOURCES	(2,541.32)	(635.60)	1,276.29	(947.59)	1,262.63		955.71

2019 Balance Sheet

The Drowning Prevention Charity		 ROYAL LIFE SAVING SOCIETY UK	
THE ROYAL LIFESAVING SOCIETY - UK			
Branch: Kent			
Balance Sheet as at Period 12 2019			
	£	£	
	as at 31st Dec 2018	as at end of December 2019	
FIXED ASSETS			
Equipment Costs	31,181.57	31,181.57	
Equipment Additions	0.00	0.00	
Equipment Disposals	0.00	0.00	
	31,181.57	31,181.57	
Equipment Cum Depreciation	(31,181.57)	(31,181.57)	
Equipment Deprctn on Disposals	0.00	0.00	
Investments	0.00	0.00	
NET BOOK VALUE	0.00	0.00	
CURRENT ASSETS			
Stock	2,184.27	2,184.27	
Kent Debtors Control Account	457.85	712.36	
Prepayments	0.00	0.00	
Accrued Income	578.80	125.01	
VAT	254.61	178.29	
Bank Current Account	0.00	0.00	
Bank Deposit Account	30,116.00	27,187.29	
Other Monies Not Specified	0.00	0.00	
TOTAL CURRENT ASSETS	33,591.53	30,387.22	
CURRENT LIABILITIES			
Kent Creditors Control Account	4,999.51	0.00	
Deferred Income	0.00	0.00	
Accruals	0.00	0.00	
Other Creditors	0.00	0.00	
TOTAL CURRENT LIABILITIES	4,999.51	0.00	
NET ASSETS	28,592.02	30,387.22	
REPRESENTED BY			
Retained Profit	22,667.13	20,076.18	
SURPLUS FOR YEAR	(2,590.95)	955.71	
ACCUMULATED BRANCH FUNDS	20,076.18	21,031.89	
DESIGNATED & RESTRICTED FUNDS			
Save a Baby's Life	8,130.84	8,970.33	
Eric Stokes Memorial Bursary (Youth)	385.00	385.00	
ACCUMULATED TOTAL FUNDS	28,592.02	30,387.22	

2020 Profit & Loss

The Drowning Prevention Charity



THE ROYAL LIFESAVING SOCIETY - UK

Branch: Kent

Year
Period 2020
12Income and Expenditure Account for year ending 31st
December 2020

	Year to Date 2019 (£)	Quarter 1 2020 (£)	Quarter 2 2020 (£)	Quarter 3 2020 (£)	Quarter 4 2020 (£)	Year to Date 2020 (£)
INCOME						
RLSS UK Branch Proportions - Membership	2,675.43	390.98	-	-	164.69	555.67
RLSS UK Branch Proportions - NRSTAC	626.40	-	-	-	24.30	24.30
RLSS UK Branch Proportions - S & S 1st	98.00	3.00	-	-	-	3.00
RLSS UK Branch Proportions - S & S Further	75.60	4.20	-	-	-	4.20
Competitions	586.00	35.00	-	-	-	35.00
Courses	843.19	826.97	-	-	-	826.97
Examination/Awards Income	4,557.35	1,105.25	-	1,870.50	1,281.15	4,256.90
Goods/Equipment Income	1,171.50	635.62	-	-	39.99	675.61
Branch Membership Income	-	-	-	-	-	-
Local Authority & Other Grants	-	-	-	-	-	-
Donations/Gift Aid	3,415.13	10.00	-	209.76	-	219.76
Branch Events/Raffles etc	2,139.46	-	-	-	-	-
Postage Receipts	-	-	-	-	-	-
Bank Interest Received	414.33	0.27	0.11	-	267.15	267.53
Sundry Income	86.10	150.00	-	-	-	150.00
TOTAL INCOMING RESOURCES	16,688.49	3,161.29	0.11	2,080.26	1,777.28	7,018.94
DIRECT EXPENDITURE						
Competitions	305.83	-	-	-	-	-
Courses	663.31	128.57	-	-	-	128.57
Examination/Award Fees	6,698.60	1,595.00	-	1,870.50	1,281.15	4,746.65
Goods/Equipment costs	2,648.26	1,085.55	-	-	40.00	1,125.55
Branch Event Costs	3,191.93	-	-	-	-	-
Branch Membership Fees	107.50	-	-	-	-	-
Branch AGM Expenses	251.78	11.67	-	-	208.00	219.67
RLSS UK Conference & AGM Expenses	-	-	-	-	-	-
Training Fees	-	-	-	-	-	-
Trophy Costs	48.00	-	-	-	-	-
Grant costs	-	-	-	-	-	-
Sundry Costs	-	23.96	-	-	-	23.96
TOTAL DIRECT EXPENDITURE	13,915.21	2,844.75	-	1,870.50	1,529.15	6,244.40
GROSS INCOMING/(OUTGOING) RESOURCES	2,773.28	316.54	0.11	209.76	248.13	774.54
OVERHEAD COSTS						
Postage Costs	14.36	-	-	-	-	-
Stationery Costs	-	-	-	-	-	-
Telephone Costs	-	-	-	-	-	-
Insurance	480.21	522.16	-	-	-	522.16
Bank Charges	-	-	-	-	-	-
Marketing Costs	-	39.87	-	-	-	39.87
Printing Costs	2.97	-	-	-	-	-
Maintenance Costs	-	-	-	-	-	-
Room Hire Costs	421.60	-	-	-	-	-
Travel & Expenses	152.43	-	-	-	-	-
Depreciation Costs	-	-	-	-	-	-
Irrecoverable VAT	746.00	18.46	-	-	4.34	22.80
Bad Debt Write Offs	-	-	-	-	-	-
TOTAL OVERHEAD COSTS	1,817.57	580.49	-	-	4.34	584.83
NET INCOMING / (OUTGOING) RESOURCES	955.71	(268.99)	0.11	209.76	243.79	189.71

The Drowning Prevention Charity


THE ROYAL LIFESAVING SOCIETY - UK
 Branch: Kent

Balance Sheet as at Period 12 2020

	£	£
	as at 31st Dec 2019	as at end of December 2020
FIXED ASSETS		
Equipment Costs	31,181.57	31,181.57
Equipment Additions	0.00	0.00
Equipment Disposals	0.00	0.00
	31,181.57	31,181.57
Equipment Cum Depreciation	(31,181.57)	(31,181.57)
Equipment Deprctn on Disposals	0.00	0.00
Investments	0.00	0.00
NET BOOK VALUE	0.00	0.00
CURRENT ASSETS		
Stock	2,184.27	2,184.27
Kent Debtors Control Account	712.36	744.88
Prepayments	0.00	0.00
Accrued Income	125.01	0.00
VAT	178.29	33.95
Bank Current Account	0.00	0.00
Bank Deposit Account	27,187.29	27,647.86
Other Monies Not Specified	0.00	0.00
TOTAL CURRENT ASSETS	30,387.22	30,610.96
CURRENT LIABILITIES		
Kent Creditors Control Account	0.00	461.59
Deferred Income	0.00	0.00
Accruals	0.00	0.00
Other Creditors	0.00	0.00
TOTAL CURRENT LIABILITIES	0.00	461.59
NET ASSETS	30,387.22	30,149.37
REPRESENTED BY		
Retained Profit	20,076.18	21,031.89
SURPLUS FOR YEAR	955.71	189.71
ACCUMULATED BRANCH FUNDS	21,031.89	21,221.60
DESIGNATED & RESTRICTED FUNDS		
Save a Baby's Life	8,970.33	8,542.77
Eric Stokes Memorial Bursary (Youth)	385.00	385.00
ACCUMULATED TOTAL FUNDS	30,387.22	30,149.37

BRANCH SAFEGUARDING OFFICER'S REPORT 2019

This is my first report since taking over the position in the summer of 2019 from Debbie Hunt – a very hard act to follow.

As promised by Debbie, the Branch held a very well attended Safeguarding course at Small Talks in October 2019. Whilst it is essential Club Welfare and Branch Welfare Officers attend an RLSS Safeguarding course, any Kent Branch members who would like to participate in this training are welcome. Please contact me if you would like to attend an RLSS Safeguarding course.

Checking DBS paperwork and evidence has kept me quite busy and I would urge members to register for the Update Service as this negates the need to continually renew by paper, the process is simple and free for volunteers (www.gov.uk/dbs-update service). Following registration you will only be asked to apply for a new DBS Certificate if the DBS Update Service indicates there are changes to your status. I would also like to remind everyone that DBS checks are required for all those undertaking a role who are 16 years and over.

It is hoped the new Tahdah system will eventually allow Clubs Welfare officers to keep an eye on the expiry of DBS certificates. HO will still require a copy of DBS certificates, but these can be uploaded or emailed to RLSSTahdah for direct approval.

Thankfully incidents reported to me have been minimal but if there are any issues you wish to discuss, please contact me asap.

BRANCH SAFEGUARDING OFFICER'S REPORT 2020

Sadly, due to the coronavirus pandemic, apart from running two Safeguarding courses in January and February 2020 and assisting clubs with completion of DBS applications, the past year has been very quiet and there really is not much for me to tell you, although one piece of good news is that an online refresher course is now available for those who need to revalidate their RLSS UK Safeguarding qualification. The RLSS UK Safeguarding qualification is valid for two years and HO should contact you when your renewal is due.

Hopefully in the coming months we will be able to come out of “hibernation” and look forward to resuming to our lifesaving activities, even if some restrictions are still in place for a while.

Looking forward to meeting up with everyone later this year.

Fran Paulding
Branch Safeguarding Officer



CLUB DEVELOPMENT OFFICER'S REPORT

So, what has been happening during the year? Well, Kent boasts twenty or so clubs and affiliated organisations who have continued in the societies work of promoting 'drowning prevention' in various forms. These range from: Training all ages, in lifesaving and personnel survival techniques, to allow individuals to progress through RLSS UK award suites.

In the competition field, clubs in Kent are very active and hold their own, which reflects in the results gained at Regional and National championships.

RLSS UK objectives are delivered by the Branch as community awareness programmes and they encourage clubs to engage.

Various clubs within Kent also provide awareness in the form of outreach work, such as bag packing days. Local events such as festivals and carnivals. Talks and demonstrations such as the Save a Baby programme.

Outside the club world, organisations are continually providing vocational RLSS UK lifeguard training courses for those who are seeking employment in the swimming pool/beach environments. The RNLI provide a beach lifeguard service for fifteen of Kent beaches and are now actively engaged with RLSS clubs.

So, what's in store for next year? Continue spreading the message and to extend and engage a larger audience. No big leaps though! However, through planning, identifying and implementing strategies the impact can strengthen clubs. One initiative being considered is a festival of lifesaving which would capture the elements mentioned above which in turn will raise awareness, further engagement and create and establish partnerships.

If you have any ideas or would like to be involved, please come and talk.

Neil Morgan
Club Development Officer



COMPETITIONS SECRETARY REPORT

Throughout 2019 we struggled to run Lifesaving Competitions due to the availability of swimming pools within realistic budgets and then 2020 come along with its own very restrictive challenges!

In 2019 we were able to run a few competitions, namely: -

Kent Beach Flags – Westbrook Beach Margate – 23 June 2019

Kent Senior Pairs – Cygnets Gravesend – 10th November 2019

South East Region Mixed Pairs –
Holmewood House School Tunbridge Wells – 9th June 2019

South East Region National Life Saving Championships – National Qualifiers
Holmewood House School Tunbridge Wells – 15th September 2019

In addition, during 2019 the RLSS UK ran the: -

National Speeds Championships in Sheffield – 16th /17th March 2019

National Life Saving Championships in Leeds – 24th November 2019

Commonwealth Festival in Leeds – 21st/22nd/23rd November 2019

Unfortunately, in 2020, the only local competition held was:

South East Region Mixed Pairs –
Holmewood House School Tunbridge Wells -28th March 2020

And the only RLSS UK competition was:

National Speeds Championships in Sheffield – 14th / 15th March 2020

The tremendous help and support given throughout the years by all the volunteer officials, casualties and parents have made it possible to maintain the small Kent Branch competition programme. We are extremely grateful for all the free time they gave up throughout 2019 and 2020.

We did encounter a shortage of officials at a couple of our competitions, but are hopeful we can organise a Branch Officials course in 2021.

In addition we could always do with more help and support from around Kent in all our activities. It does not matter if you're experienced or not, you will always be most welcome.

We have formed a working party who are currently trying to source pools to hold the Kent Branch and South East Region Championships and would hope to run a bigger lifesaving competition programme during 2021 / 2022.

We will of course run the very popular Kent Branch Beach Flags and hopefully some youth activities on the usual Westbrook Beach during the summer months of 2021 Government Guidelines permitting.

As a recap of the competitions during 2019 and 2020:

The Branch continued to compete with great success throughout the years in the RLSS South East Region, RLSS UK National and Commonwealth Competitions.

Christopher WILLSON competed very well winning a Silver medal in the Novice Men Life support at the Commonwealth Festival in LEEDS

Kent formed a portion of the South East Region representatives for the **2019 National Lifesaving Finals held in LEEDS:**

Ladies: **Anastasia Smith** - City of Rochester, Kent
7th OVERALL

Ladies Masters:

50-59yrs **Donna Wickens** – City of Rochester, Kent
3rd OVERALL

Men Masters:

50-59yrs **Neil Morgan** – Thanet Kent
3rd OVERALL

CONGRATULATIONS to all our Award Winners and WELL DONE to all our Kent Members who competed throughout 2019 and 2020 in the variety of RLSS Kent Branch and RLSS South East Region Competitions, you have certainly maintained the standard of competitions in Kent.

Finally we would like to formally thank on behalf of the Kent Branch **Holmewood House School Tunbridge Wells; Gravesham Lifesaving Club and Thanet Lifeguard Club** for their support during 2019 and 2020.

Thank you

Paul Paulding
Kent Branch Competitions Secretary 2020



EVENTS OFFICER'S REPORT

2020 was to be a year of celebrations with the Kent Branch reaching its 60th Anniversary, All the celebrations had to be put on hold and then cancelled due to COVID19. A pandemic that has had such an impact on all of our lives and events all around the world.

We look back to induction of Mr Andrew Griggs as the 2019/2020 Kent Branch President at the 2019 AGM held on Saturday 28th March 2019 at Gads Hill School Gravesend Road Rochester Kent. As always they were wonderful hosts. A special mention has to be made to Iris who came out of retirement to look after us providing refreshments including her famous rock buns! Mr Paul Paulding thanked her on behalf of the Branch with some flowers. The 2020 AGM had to be cancelled due to COVID 19 Mr Andrew Griggs agreed to continue as President of the Branch for 2020.

The Branch hosted a stand at Rochester Castle during the Medway Mile in July. The footfall was in the thousands and kept all the volunteers extremely busy. We were also joined by the Royal Lifesaving Society Mascot Perry who also competed in the Mascot race and was just pipped at the post to finish second.

Sunday 19th August saw a visit from Bondi Lifeguard Trent "Maxi" Maxwell to Westbrook Beach, Margate. He shared his knowledge and experiences with Kent Branch Youth and Youth members. Great fun was had by all and he was a great Ambassador for Lifesaving and promoting the important message of drowning prevention.

The following Sunday the 26th August the Branch had a great pitch for a stand at the Dover Regatta. A very busy morning as always. However, due to wind and rain we had to finish at lunchtime.

All these events are always great fun and a chance for the Branch to get the very important message across to many people of all ages, hopefully teaching a skill for life and inspiring others to become involved.

The last Branch Dinner Dance was held on the 2nd November 2019 at the Mercure Great Danes Hotel in Maidstone. It was hosted by our President Mr Andrew Griggs. We would like to thank the hotel for looking after us on the evening. An enjoyable evening was had by all. The Principal guest was Mr Aaron Dhanda, RLSS Non-Vocational Awards Manager.

I would like to thank all the members of the Branch, past and present, and everyone who has helped and supported me when organising events.

If you have any ideas for future events, would like to help or donate a prize then please contact me.

Thank you
Fran Payne
Events Officer



YOUTH DEVELOPMENT OFFICER'S REPORT

This is my first year on Kent Branch as Youth Development Officer and what have I learnt? The youth of today are our future, as much as we would love to never give up we need to understand that the youth need to help develop their local clubs and branch into the next century. As a mother of a 16 year old you would have thought I'd already know they were in charge.

I have been working with the Club Development Officer and visited a few of our local clubs, with an open mind on what the youth want and how we, as a branch, can help move these ideas forward. We need to encourage all of our members across the clubs to be able to speak up for their views on how we can move forward and progress.

We, as the teacher/trainer/club official, need to encourage our young members to help promote drowning prevention, either by helping with outreach work, such as manning a stall in a local fete to demonstrating how to Save a Baby.

I have also enrolled myself on many courses to help me understand how we can ensure all of the youth get involved, encouraging them to develop in lifesaving and also as a person. I am looking for any ideas, doesn't matter how strange you think these may be as it's very difficult to get to all clubs across the county.

If anyone has any comments, ideas or just need to express their views they can contact me directly (joanne@thanetlifeguardclub).

What's next.....

This is up to you, the youth. Give me ideas on how you can see clubs/branch move forward. What do you want? Hopefully, if I've not already been, I will see you when I visit your club.

Joanne Willson
Youth Development Officer



Community Outreach 2020

In our busy lives it is amazing that we find any time for voluntary work, but in Kent we have inspirational people doing extraordinary Community Outreach.

2020 delivered **20 clinics** and taught **217+** individuals in **SABL and SACL**

Save a Child's Life has flourished over the last year and more schools are now asking for SACL to be taught to pupils and teachers. In November Kent Branch President Andrew Griggs, Tina Smith and RLSS Drowning Prevention Co-ordinator, Hannah Wiggins-Bettles, ventured into the heart of the city at Westminster to deliver SACL to 34 legal professionals.

Heartstart has been a joint venture between Gravesham Lifesaving Club and British Red Cross for a number of years being taught by Andy Fooks and Andrew Griggs supported by a host of volunteers. This collaboration has proved how charities can work together to provide valuable knowledge to those that need it.

Donna Thomas - Medway

So, 2020. Not the best year, I have to say. And for all those affected by it, my thoughts go out to you. SABL Medway had had high hopes for 2020. 28 classes had been set up, we had the Medway Mile and the Big Swim to look forward to along with many other events. But it was not to be. We managed to teach 100 people before we decided with a heavy, but necessary, heart to stop all classes due to the Coronavirus.

I was kept busy during the early part of lockdown as I was asked by the Royal Life Saving Society to do a video on the work I do within the community and to "shout loud and proud about it"! So, after many outtakes, and I mean many(!), a video was put together talking about SABL and demonstrating baby CPR. This was shared by so many on the internet, and it was great to know we could still get the message out there despite not being able to deliver classes in person. This can be found on the Save a Baby's Life Medway Facebook page.

Unfortunately, we are not delivering any classes now, but the Kent Community Outreach team keep in contact regularly with Teams meetings and very much look forward to getting back out there as soon as we are able. And we would like to increase the team members, so if you would be interested to join us please do let us know.

Donna Thomas, SABL Medway

Lorraine Mackie - Folkestone/Coastal

2020 Community Outreach Programme - SE Kent

The year started well, with classes booked for the first quarter, then boom! actually double boom!

The first boom was that I realised that I needed to take a time out and it had to happen right away. Then very closely behind was the second boom, the boom that affected us all in many ways.

From the 20th February 2020, I have held no classes and do not know when I will be holding the next one. All my Children's Centres and independent venues have advised that they do not have any plans at the moment to reintroduce any group sessions.

Here's hoping to a return to normal, whenever it may be safe to call normal.

Lorraine Mackie

Jan Bristow – Maidstone/Ashford

It is with great sadness that we lost Jan Bristow on 11th August 2020. Jan's offices within the Branch had been, Secretary and Events Officer and was known for her enthusiasm, smile, and fantastic work, but it was as a trainer for Community Outreach that she was known to so many at the Childrens' Centres in and around Maidstone. She gave parents, carers, and relatives the confidence to put their new skills into practice should the need arise. Her She will missed greatly by the health visitors and teams at the Childrens' Centres and her friends throughout the Kent branch.

Julie Bardoe/Andy Griggs - Gravesend

I thought that this report wouldn't take long to summarise as the activities in 2020 were brought to an abrupt end, however when I looked back and allowed myself to remember it seems that 2020 was about to be an amazing year, and what we did do was great.

January had only just started when Andy and I ran a SABL for SURESTART on the 6th of January followed by an SACL at the Cyclopark on the 16th with Bridget.

February started quietly on the 3rd with Andy and I running a SABL for SURESTART, and February 13th Andy, Bridget and I ran a SABL workshop at Cyclopark. 2nd March was a SURESTART and Andy, Bridget and I ran a SACL on the 12th.

One Thursday evening in January, I was answering messages I had received on Facebook, and booking people onto the most suitable workshop, when a message popped up on my screen asking if there was a workshop for young people as his daughter would like to come along. I jumped at the opportunity, checked the room availability, and got back to the dad and said if there was enough interest, I would run a workshop dedicated to over eight-year-olds, providing they bring a responsible adult. I published the course on Facebook on Friday lunchtime and by ten past ten Saturday morning I had to close the booking and start a waiting list.

One of the responses to this workshop was a teacher, asking if I would run something for her year group, their project for the term was 'health'. Response was made with suggested lesson plans, and Andy agreed to join me. Just as plans were made lockdown began.

If this was three months the rest of the year, well who knows. I certainly have some clinics and school children to meet when the time comes.

Andrew Fooks/Andrew Griggs – Heartstart

Working closely with Cyclopark, Gravesend, Gravesham Lifesaving Club have provided the outreach courses throughout the year for clubs, and Park Run Marshalls.

Gravesham started a PAD campaign in 2019 to fund, or help fund public donations, to provide an AED 24/7 for the local community as a result of this the first one was installed at the Gravesend Boat Public House in March 2020. The Heartstart team train around 100-120 people per year and look to run open courses every 3 or 4 months.

Face Book Pages:

Save A Baby's Life Medway
Save A Baby's Life Maidstone
Save A Life Gravesham
Heartstart Gravesham Life Saving Club

“Im sorry, I just nodded off!”

Andy Fooks recalls a heart warming event...

A few months ago on a really great Heartstart course, I trained the daughter and granddaughter of a man I transported to Ashford having suffered a heart attack. I had to shock the gentleman three times outside the operating theatre whilst waiting for the consultant to arrive.

The funny thing was when coming round he said, *“Im sorry, I just nodded off!”* The connection between Andy and the two girls was discovered during the course.



RLSS UK Shop understand this may increase the need for manikin wipes and lung replacements.

IMPORTANT CPR MANIKIN HYGIENE ADVICE:

The majority of resuscitation manikins have features that help prevent the spread of infection (including respiratory infections such as COVID-19). Here are the options that can be used for manikin hygiene:

Alcohol Wipes

MUST be used on the manikin to sanitise the face between learners. An emphasis should be placed on scrubbing the mouth area of the manikin. The chest, nose and forehead of the manikin can be wiped too if the possibility of 'hand to hand' transmission is a concern.

Resusci Manikin Wipes – Pk 1200 (RLSS UK Shop Code 152401) £252.12 incl VAT
Resusci Manikin Wipes – Pk 50 (RLSS UK Shop Code 152400) £13.56 incl VAT
70% Alcohol Antibacterial Manikin Wipes 150 – Single Tub £12.50 incl VAT

CPR Face Shields

For maximum protection we recommend to use wipes **and** issue each learner with a face shield.

Filter face shields are available on a roll for CPR training. They don't offer complete bio-protection, but they will give a high level of safety when combined with wipes and a manikin that has a one-way valve (see below).

An obvious advantage to a learner using a face shield in practise is that they are familiar with using one if they ever need to give CPR for real.

IMPORTANT NOTE: *If a learner re-uses a facemask for repeated CPR practise, they should ensure that the face mask is placed on the manikin same way around each time (so they blow into the same side of the mask each time).*

Manikin Face Shields – 6 Rolls of 36 Sheets (RLSS UK Shop Code: 15120103) £91.44 incl VAT
Patient Face Shield – 50 Pk (RLSS UK Shop Code: 460000) £101.40 incl VAT

Laerdal Little Anne and Little Junior

Replacement Faces are available so that each learner can have their own manikin face. This will reduce the reliance on alcohol wipes alone. The faces can be disinfected after each class and re-used.

Little/Resusci Anne Faces - Pack 6 (RLSS UK Shop Code 310210) £56.88 incl VAT
Little Anne Face Mask Ethnic - Pack 6 (RLSS UK Shop Code 310215) £56.88 incl VAT
Resusci/Little Junior Faces - Pack 6 (RLSS UK Shop Code 183010) £66.72 incl VAT
Junior Ethnic Faces - Pack 6 (RLSS UK Shop Code 183015) £66.72 incl VAT
Resusci Anne - Replicable Faces Decorate (RLSS UK Shop Code 310220) £64.32 incl VAT

Replacement Airways

Little Anne manikins are designed with a one-way-valve in the part of the airway that sits behind the face mask.

The valve redirects expired air from the manikin's lungs out of the back of the head. This prevents contamination in the lungs coming out of the mouth towards the learner.

Little Anne Disp Airways 24pk (RLSS UK Shop Code 020300) £60.60 incl VAT
Little Anne Disp Airways 96pk (RLSS UK Shop Code 020301) £222.48 incl VAT
Resusci Anne Replacement Lungs 24pk (RLSS UK Shop Code 152250) £175.56 incl VAT
Resusci/Little Junior Airways 25pk (RLSS UK Shop Code 183210) £56.88 incl VAT
Disposable Airways 100pk (RLSS UK Shop Code 183211) £208.92 incl VAT

Little Anne airways must be **replaced frequently** (at least every course) failure to do this could result in the one-way valve failing. If the valve isn't working properly you can spot this as it becomes impossible to fill the lungs (because air leaks out the back of the head).

Laerdal Baby Anne and Laerdal MiniAnne (inflatable) manikins

The MiniAnne and Baby Anne manikins **DO NOT have a one-way-valve** – so contamination could theoretically be passed from the lungs with shared use.

The lungs must therefore be swapped between every learner practise.

To do this each learner would be issued with their own baby manikin lung. A face shield could provide alternative or additional protection.

Baby Anne Airways 24pk (Pink Suit) (RLSS UK Shop Code 130-10150) £21.00 incl VAT
Little Baby QCPR Airways 24pk (RLSS UK Shop Code 133-10150) £24.00 incl VAT
Resusci Baby Disp Airways 24pk (RLSS UK Shop Code 143700) £68.04 incl VAT
Resusci Baby Disp Airways 96pk (RLSS UK Shop Code 143701) £250.92 incl VAT

Replacement Faces for Baby Anne are available so that each learner can have their own manikin face. This will reduce the reliance on alcohol wipes alone.

The faces can be disinfected after each class and re-used.

Baby QCPR / Baby Anne Faces Light - Pack 6 (RLSS UK Shop Code 130-10450) £33.36 incl VAT
Baby QCPR / Baby Anne Faces Dark - Pack 6 (RLSS UK Shop Code 130-10550) £33.36 incl VAT
Resusci Baby Faces - Pk 6 (RLSS UK Shop Code 143600) £46.92 incl VAT

PLEASE NOTE ALL ITEMS LISTED CAN BE ORDERED THROUGH THE KENT BRANCH SALES OFFICER

We would like to encourage Kent Clubs and Associated Individuals to order Resources and Equipment through the Branch Sales Officer, Stephen Goldsmith.

All purchases made through the Branch do not cost any more than the listed catalogue or web site prices, however, the Branch benefits by earning commission on all orders it places which enables us to continue with Branch initiatives which support all our clubs.

HOW TO ORDER:

Send an email to RLSS-Kent.Sales@outlook.com or Stephengoldsmith198@hotmail.com detailing what it is your after the quantity, size you require and any relevant course registration codes along with your delivery address.

I'll place the order through the Kent Branch and confirm back to you that your order has been placed.

HOW TO PAY:

Once you receive your Sales invoice from RLSS UK either write a cheque payable to "RLSS Kent Branch" and post it to either:

Mr. S Goldsmith, 10 Kimberley Road, Ramsgate, Kent, CT12 6HQ or

Mr. C Burchell, 10 Falconwood Avenue, Welling, Kent, DA16 2SQ.

Alternatively, you can pay direct using the BACS details on the sales invoice and drop an email to RLSS-Kent.Sales@outlook.com or Stephengoldsmith198@hotmail.com referencing the Sales invoice number advising you have payed via BACS.

Kent Branch Sales Officer Contact Details: Stephen Goldsmith

Should you wish to have a digital copy of the catalogue, please email rlss-kent.sales@outlook.com



Branch Honours Committee Report for 2019

As ever the Branch wishes to thank all members, clubs and supporters for the work undertaken to promote water safety awareness, increase the numbers of people with the skills base of CPR techniques and provide safe swimming environments in Kent during the year.

Annually the Branches nominates to the National Honours Committee details of individuals and groups who meet a range of criteria for national recognition. Last year the Branch made 31 nominations for Merit, Service and Special awards of which 26 were approved and are listed below. The Branch congratulates all recipients.

Honour	Forenames	Surname
RLSS UK Service Honour - 2nd Bar to Service Cross	Janice	Bristow
RLSS UK Merit Honour - Certificate of Recognition	Keith	Burgess
RLSS UK Merit Honour - Certificate of Merit	Leo	Burnap
RLSS UK Merit Honour - Certificate of Recognition	Sheila	Butcher
RLSS UK Merit Honour - Bar to Medal of Distinction	Christopher	Deering
RLSS UK Merit Honour - Medal of Distinction	Andrew	Fooks
RLSS UK Merit Honour - Medal of Distinction	Hazel	Foster
RLSS UK Merit Honour - Certificate of Recognition	Keith	Franklin
RLSS UK Merit Honour - Certificate of Recognition	Rhona	Fry
RLSS UK Merit Honour - Certificate of Merit	Cheyenne	Goldsmith
RLSS UK Service Honour - 1st Bar to Service Cross	Andrew	Griggs
RLSS UK Merit Honour - Certificate of Merit	David	Locke
RLSS UK Merit Honour - Certificate of Merit	Sharon	Lockyer
RLSS UK Merit Honour - Certificate of Merit	Molly	Mayo
RLSS UK Merit Honour - Certificate of Merit	Alison	Mayo
RLSS UK Service Honour - Service Medal	Neil	Morgan
RLSS UK Merit Honour - Certificate of Recognition	George	Payne
RLSS UK Merit Honour - Certificate of Recognition	Frances	Payne
RLSS UK Service Honour - Certificate of Thanks	June	Pratt
RLSS UK Merit Honour - Young Lifesaver of the Year	Anastasia	Smith
RLSS UK Service Honour - 1st Bar to Service Cross	Martyn	Steers
RLSS UK Merit Honour - Certificate of Merit	Jack	Wilkinson
RLSS UK Service Honour - Certificate of Thanks	Victoria	Wilkinson
RLSS UK Merit Honour - Certificate of Recognition	Victoria	Wilkinson
RLSS UK Service Honour - Certificate of Thanks	Samantha	Williams
RLSS UK Merit Honour - Certificate of Merit	Christopher	Willson

Details of all recipients of RLSS UK awards for 2019 (and the previous 6 years) and the criteria for each of the categories are published on the Society website

<https://www.rlss.org.uk/nominate-here-honours>

Branch Honours Committee Report 2020

As ever the Branch wishes to thank all members, clubs and supporters for the work undertaken to promote water safety awareness, increase the numbers of people with the skills base of CPR techniques and provide safe swimming environments in Kent during the year.

Annually the Branches nominates to the National Honours Committee details of individuals and groups who meet a range of criteria for national recognition. For the year ending 31st December 2019 the Branch made 25 nominations for Merit, Service and Special awards of which 21 were approved and are listed below. In addition 29 Friends of the Society Certificates were awarded. The Branch congratulates all recipients.

In November 2020 the Branch held a virtual open meeting and the successful nominees were recognised and applauded. It had been intended to do local presentations after this event, but the subsequent further Covid restrictions meant this was impossible and awards were posted out early in 2021.

Service Honour	Bar to Service Medal	Martin	Fossey
Service Honour	Certificate of Thanks	Tamzin	Hooker
Service Honour	Certificate of Thanks	Cheyenne	Goldsmith
Service Honour	Certificate of Thanks	Donna	Thomas
Service Honour	Certificate of Thanks	Jack	Wilkinson
Service Honour	Certificate of Thanks	Jill	Tipper
Service Honour	Recognition of Service (40 years service)	Lorraine	Mackie
Merit Honour	Certificate of Merit	Cameron	Mundy
Merit Honour	Certificate of Merit	Deborah	Kasper
Merit Honour	Certificate of Merit	Denise	Todd
Merit Honour	Certificate of Merit	Georgia	Wilkinson
Merit Honour	Certificate of Merit	Julie	Bardoe
Merit Honour	Certificate of Merit	Martin	Fossey
Merit Honour	Certificate of Merit	Maureen	Campbell
Merit Honour	Certificate of Recognition	Andrew	Thomson
Merit Honour	Certificate of Recognition	Faye	Burnap
Merit Honour	Certificate of Recognition	Joanne	Willson
Merit Honour	Certificate of Recognition	Neil	Morgan
Merit Honour	Certificate of Recognition	Stephen	Goldsmith
Merit Honour	Medal of Honour	Paul	Paulding
Special Award	Young Lifesaver of the Year Certificate	Christopher	Willson
Special Award	Brian Morrissey Trophy	Kent SABL Team	

Details of all recipients of RLSS UK awards for 2020 (and the previous 7 years) and the criteria for each of the categories are published on the Society website.

Branch Honours Committee

The Branch Honours Committee currently comprises -

- The Branch President
- The Branch Deputy President
- The Branch Lifesaving Community Outreach Co-ordinator
- The Branch Youth Development Officer
- The Branch Vice Chairman
- The Branch Treasurer (Chair)

We meet annually to consider nominations received from members and groups with the county and to prepare any additional nominations. We rely on information now held centrally on the RLSS UK membership database but we supplement this with our own knowledge and records of activity and individuals within the Branch.

Full details of all RLSS UK Honours and Special Awards and how nominations can be made to recognise someone's voluntary service to the end of 2020 can be found by clicking on the link below:

<https://www.rlss.org.uk/nominate-somebody-for-an-honour>

Members can also make nominations to the Branch for consideration and at the end of this annual report you will find two forms that will allow you to make nominations for national service and merit honours.



RLSS UK HONOUR NOMINATION FORM
Merit – Kent Branch
 (for year ending 31st December 2020)



NB PLEASE read the Guidelines carefully prior to dispatch. Incorrect/Incomplete information may disqualify the nomination. Please complete all sections of this form.

MERIT HONOUR PROPOSED

Details of Nominee

First Name _____ **Surname** _____

Title (Mr/Mrs/Ms/Miss/Other) _____ **Society No of Individual** _____

If not in individual membership, both **RLSS UK Society Number** and **Name** of Affiliated Club, ATC or Organisation must be given

Home Address (if changed in the past 24 months) _____

Postcode _____

Reason for Nomination _____

Contact details of the person completing this form

This is important for any queries which may delay the process

Name_ _____

Email _____

Telephone _____

Printed Name of Signatory _____

Please ensure that this form is received by the Branch no later than the 30th April 2021)
 Cavell Burchell, Chairperson, Kent Branch Honours Committee
 10 Falconwood Avenue, Welling, Kent DA16 2SQ. Tele 020 8319 8811
 Email; rlsscav@icloud.com

RLSS UK HONOUR NOMINATION FORM –

SERVICE - Kent Branch

(for year ending 31st December 2020)___**NB PLEASE read the Guidelines carefully prior to dispatch. Incorrect/Incomplete information may disqualify the nomination.** Please complete all sections of the form.

www.rlss.org.uk

SERVICE HONOUR PROPOSED _____

Details of Nominee

First Name _____ Surname _____

Title (Mr/Mrs/Ms/Miss/Other) _____

Society No of Individual _____

If not in individual membership, both RLSS UK Society Number and Name of Affiliated Club, ATC or
--

Home Address (if changed in the past 24 months) _____

_____ Postcode _____

Contact details of the person completing this form This is important for any queries which may delay the process

Name _____ Email _____

Telephone _____

This nomination is submitted to the Kent Branch in accordance with the published Guidelines for Service Honours Nominations. The year in which continuous service to the Society started was _____ (Service start date) and the number of years' service to the Society is _____ (Total number of years served)

Printed Name of Signatory_____
Date

Please ensure that this form is received by the Branch no later than the 30th April 2021)

Cavell Burchell, Chairperson, Kent Branch Honours Committee
10 Falconwood Avenue, Welling, Kent DA16 2SQ. Tele 020 8319 8811
Email; rlsscav@icloud.com



ROYAL
LIFE SAVING
SOCIETY UK
www.rlss.org.uk

Kent Branch

Would your lifesaving club benefit from some
extra training equipment?

Kent Branch is introducing annual
Club Equipment Grants

Grants available at 3 levels

Gold—Up to £300

Silver—Up to £200

Bronze—Up to £100

The Grant will allow the Branch to
purchase and provide the requested
equipment for use by the club.

For full details and Terms and Conditions

Please see application form available from the Branch Secretary

The **Drowning Prevention** Charity



Royal Life Saving Society UK KENT BRANCH

NOTICES OF MOTION

None Received



Mr Andrew Griggs
 24 Darnley Street
 Gravesend
 Kent
 DA11 0PJ

Tel:- 07799958832

e-mail:- cazzandrew@aol.com

Kent Branch

RLSS-UK Kent Branch Annual General Meeting

Individual Member Authorisation Form 2021

Name

RLSS UK Membership Number

Membership expiry date

This is to certify that Mr./Mrs./Miss.....

Is authorised to attend the Kent Branch RLSS-UK Annual General Meeting being held on 27th March 2021.

As an individual member in any eligible category

Name (printed).....

Signed

Date

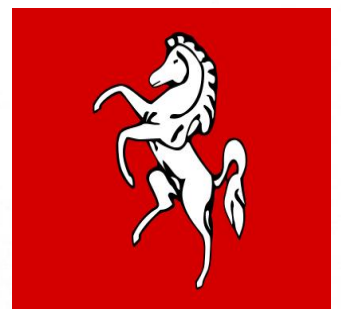
N.B:

The Drowning Prevention Charity



**The Kent Branch
Management Board thank-
you all for Joining us today
and look forward to sharing
with you another successful
year.**

**Please Stay safe and we
look forward to seeing you
all at the many upcoming
events.**



[www.Facebook.com/RLSSKentBranch](https://www.facebook.com/RLSSKentBranch)



[@RLSS_Kent](https://twitter.com/RLSS_Kent)

Registered Charity Numbers: 1046060 / SC037912